

**It's All Yoga 200 hour Teacher Training Application**

First off, why an *application*? Well, the short answer is that we want to make sure that we are right for each other. There are as many hues to yoga as there are flowers in the garden -- and no two teacher trainings are the same (thank goodness!). It would be great for you to come to class and make sure we're right for you, too.

We will meet on parts of 11 weekends between January 5 – May 27, 2018 as specified below.

Friday schedule will alternate 12-5:30 pm or 6-9 pm (start time indicated below);  
Saturdays 1-6 pm; Sundays 11-3 pm. Other hours required, times subject to change (with notice).

Jan 5-7 (Fri noon)  
Jan 19-21 (Fri 6p)  
Feb 2-4 (Fri noon)

Feb 16-18 (Fri 6p)  
Mar 2-4 (Fri noon)  
Mar 16-18 (Fri 6p)  
Mar 30-Apr 1 (Fri noon)

Apr 13-15 (Fri 6p)  
Apr 27-29 (Fri noon)  
May 11-13 (Fri 6p)  
May 25-27 (Fri noon)

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**Please print clearly - attach additional pages as necessary**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address/city/zip: \_\_\_\_\_

Birthdate: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

How did you hear about IAY TT? Did someone refer you to the program? \_\_\_\_\_

Please feel free to Include additional sheets for answers.

What is your background and experience with yoga? How many years have you been practicing?

Are you a teacher now? Where?

# it's all yoga

List teachers you have worked with and where you practice.

Do you have a home yoga practice? Please describe.

Do you, or have you in the past, practiced meditation?

Please describe any special medical concerns you have.

What is your educational and professional background outside of yoga?

Why do you want to take this training?

Do you have any questions of us?

Tuition, including 20 classes at IAY, is \$2900 early bird before November 15, 2017; \$3150 thereafter; or installments of your choosing due in full (totaling the regular tuition) by Feb 15, 2018. All refunds include a \$200 admin fee. A refund after 2/1/18 will be given less \$175 per week. We regret that we cannot issue a refund after 2/1/18.

Textbooks, additional workshops, make up hours and Yoga Alliance fees are not included in tuition.

There is a \$200 application fee which will be applied to tuition upon acceptance.

I have read, understand and agree to the information and terms listed about It's All Yoga School's, requirements, payments and refunds.

Signature and Date: \_\_\_\_\_

Please submit your application at the studio or by mail to:  
It's All Yoga School 2405 21st Street Sacramento, CA 95818